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Planet Fitness Summer 2025 Internship Opportunity For Recent Graduate

Description

Step into a fitness universe like no other at Planet Fitness, Hampton. Here, the celestial energy of a dedicated community merges with cutting-edge equipment and expert guidance, creating a cosmic atmosphere where everyone can shine. Discover a galaxy of fitness possibilities that will propel you toward your goals and beyond.

Responsibilities

1. Guiding Cosmic Explorers: As a member of the Planet Fitness team, your foremost responsibility is to inspire and support individuals on their fitness journeys. Assist in providing a welcoming environment, offering guidance on equipment usage, and ensuring the overall cleanliness and orderliness of the gym.
2. Fostering Stellar Connections: Encourage a sense of belonging by connecting with members, fostering a positive atmosphere, and promoting teamwork among the staff. Help build a celestial community that motivates and supports each other along the path to better health.

Qualifications

1. Cosmic Collaboration: Possess excellent interpersonal skills to engage with diverse individuals and foster a sense of belonging within the fitness universe. A strong team spirit and the ability to work harmoniously with others are key.
2. Constellation of Knowledge: Familiarity with fitness equipment and basic exercise techniques is preferred. A willingness to learn and grow in your knowledge of fitness-related topics will help you shine in this role.

Experience

Previous experience in a customer service or fitness-related role will launch your application into orbit. While not mandatory, it demonstrates your dedication to enhancing the fitness experiences of others and allows you to hit the ground running.

Skills

1. Stellar Communication: Effective communication skills, both verbal and non-verbal, will enable you to connect with members, understand their needs, and provide guidance accordingly. Empathy and active listening skills will set you apart in this cosmic environment.
2. Supernova Motivation: Inspire others with your positive attitude and passion for fitness. A motivational mindset will help ignite the celestial fire within each member, encouraging them to reach for the stars and achieve their personal goals.

Job Benefits

Hiring organization

Planet Fitness

Employment Type

Intern

Duration of employment

6 Month

Industry

Fitness

Job Location

Hampton, New Hampshire, U.S.A,
03842, Hampton, New Hampshire,
U.S.A

Working Hours

8

Base Salary

10

Date posted

March 25, 2026

Valid through

10.12.2028

1. Cosmic Perks: Enjoy a complimentary gym membership, giving you unlimited access to explore the celestial wonders of Planet Fitness.
2. Galactic Growth: Opportunities for professional development and growth within the company abound, allowing you to ascend to new heights in your fitness career.
3. Stellar Team: Join a team of like-minded fitness enthusiasts who share your passion for helping others reach their full potential. Together, you'll create an atmosphere that fosters personal growth and positive energy.

Contacts

To embark on this cosmic fitness journey at Planet Fitness, Hampton, reach out to our friendly team.

Step into the celestial embrace of Planet Fitness, Hampton, and witness your fitness aspirations soar to new heights. Join our otherworldly community today and unlock the power within you. Together, we'll explore the limitless possibilities of the fitness galaxy.